



*Have your Tomorrows*

*Est. 2001*

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## ABOUT US

- This year will mark the 20<sup>th</sup> anniversary of HURT.
- For almost 20 years we have been delivering intervention and support services to individuals and the family members of those impacted by addiction.
- Our staff are highly qualified and experienced in their respective fields. All counsellors and therapists are registered with the relevant governing and professional bodies.
- HURT work directly with an average of 300 clients per year in the Derry City and Strabane district area.



# AIMS OF THE ORGANISATION

- To assist drug and alcohol users and their families to overcome their substance use and help them to rebuild and reshape their lives.
- To make society / communities aware of the dangers associated with drug and alcohol use, using preventative techniques.
- To raise HURT's presence in all communities as a drug and alcohol support group.
- To work in partnership with the voluntary, community and statutory sectors.



# TRAINING AND EDUCATION

- HURT is an accredited training provider. We provide training from level 1 (Drugs & Alcohol Information and Awareness) to level 5 (Substance Misuse Theory and Interventions).
- We also deliver information and awareness programmes to over 168 students per year in primary and post-primary education.



# PRESCRIPTION AND OVER THE COUNTER MISUSE

- Prescription misuse is widespread and endemic throughout the north west. Deaths through prescription and over the counter medication are more prevalent than illegal substances.
- In response to these concerns HURT have developed a programme working jointly with the community pharmacist to provide information and advice with groups throughout the community on the safe use of prescription and over the counter medication.



## SUPPORT SERVICES

- We pride ourselves on keeping wait times for support to a minimum.
- For those in crisis we offer immediate support.
- HURT is funded mainly through; grant giving organisations, our social enterprise and fundraising initiatives.
- We receive no government funding for our support services in the Derry area.
- We provide our support services *free of charge*.

